



CPS' Korin Korin Child & Family Centre celebrates its first anniversary of operation.

IN THIS ISSUE

- Young people off to a Running Start with CPS partnership
- New CPS Board Members
- CPS spreading the word on child safety and vulnerable engagement
- CPS Family Services playing important role to support vulnerable families
- Lennis 90 not out and still doing it for the kids
- Feast on our Lunchtime Rumours event
- Kieser Charity Golf Day fun to a tee



Young people off to a Running Start with CPS partnership

One of the biggest challenges facing young people leaving state care is finding sustainable accommodation. Many end up facing homelessness without appropriate support and guidance to make the commonly stressful transition to independent living.

Running Start – a partnership led by CPS with Berry Street, Council to Homeless Persons (CHP), Launch Housing and Department of Health & Human Services – aims to fill this need in the community.

Commencing last year, Running Start entails CHP accessing a rental subsidy via funding from Robert Bosch (Australia) Pty Ltd. Meanwhile, Launch Housing assists with identifying affordable rental options.

Running Start receives referrals via agencies such as Vincentcare, Mackillop Family Services, Melbourne City Mission, Anglicare and Berry Street (who are a part of the Running Start consortium), in addition to other services and self-referrals.

Clients receive individualised case management within a flexible service delivery model. Support levels are tailored to the young person's needs. Together this alliance is structured so that eligible young people (17-22yo and living in the Northern Suburbs) can begin their adult journey with the safety and empowerment of a stable, independent living arrangement.

For more information about Running Start please contact CPS at cps@cps.org.au

New CPS Board Members

CPS welcomes three new faces to the Board this year; Wayne Gorst, John Cain Jnr and Jenny Alvin.

Wayne has over 20 years' experience in the community sector in senior corporate services leadership roles.

Meanwhile Jenny is an experienced people management and change/organisational management consultant, working predominantly in the public, not for profit and education sectors.

Finally, lawyer John Cain Jnr is Victoria's Solicitor for Public Prosecutions.





CPS spreading the word on child safety and vulnerable engagement

With the new compliance requirements of the Victorian Child Safe Standards, a broad range of organisations are currently providing the necessary training for staff and volunteers.

“A clear, engaging presentation with helpful models and examples.”

In addition to providing training to meet these standards, for more than 15 years CPS' Professional Development & Education Unit has delivered evidence-based, best-practice workshops in areas such as Responding to Child Abuse, Talking to Children about Safety, Working with Vulnerable Families, and a topic CPS specialises in, Responding to Sexually Abusive Behaviours.

“The facilitator was engaging and had a depth of knowledge, experience and passion in this field.”

Our dedicated and passionate trainers deliver interactive and engaging workshops that will develop essential knowledge in working with children and young people who've experienced, or are at risk of experiencing, abuse and trauma. Certificate of attendance and electronic links to additional resources are also provided.

Training is held at the Children's Protection Society offices located at 70 Altona Street, West Heidelberg and 273 Settlement Road, Thomastown. Tailored training packages can also be facilitated, including delivery at your offices and an after-hours option.

E: training@cps.org.au
P: (03) 9450 0900

Standard Workshops

- > Preventing, Recognising & Responding to Child Sexual Abuse
- > Identifying & Responding to Child Abuse
- > Engaging Fathers
- > Engaging with Families at Risk
- > Emotional Intelligence for Parents
- > Talking to Children About Safety
- > Victorian Child Safety Standards
- > Child Centred Approaches & Risk Assessment for Adult Services
- > Understanding & Managing Sexually Abusive Behaviours in Children & Young People
- > Talking to Children About Cyber Safety
- > Managing Problem Sexual Behaviours for Educators
- > Evidence Based Practices to Protect Children on-line

Training Candidates

- > Teachers and educators
- > Family support workers
- > Counselling clinicians
- > Parents
- > Health care workers
- > Residential care staff
- > Family services workers
- > Generic counselling staff
- > Maternal and child health nurses
- > Children's services and child protection workers
- > Sports coaches, officials and administrators
- > Recreation facility workers
- > Sport and recreation volunteers and event workers

CPS Family Services playing important role to support vulnerable families

Many factors can identify a family as being vulnerable; experience of trauma, abuse, neglect, substance abuse, mental health issues, poverty, housing and financial issues to name a few. For most families the concept of 'play' comes naturally but for at-risk families there's often psychological and practical barriers to crucial bonding and engaging with their babies and toddlers.

Informed by attachment theory and play based intervention, CPS provides two supported playgroups which encourage and support parents/care givers to develop vital attachment, play and relationship skills with children aged 0-5 yrs.

Established as a partnership between CPS Family Services and Berry Street, a key feature of the weekly **Shine and Grow Playgroup** at the Banyule Community Health Centre is its adaptability to home by utilising inexpensive resources that are readily found

or cheap to purchase. Currently CPS has 14 families attending the program with a growing waitlist owing to the group's value in the community.

The other playgroup partnership CPS facilitates is the **Playbox Supported Playgroup** in conjunction with ReGen. As per Shine and Grow, Playbox is held weekly at Banyule and focuses on attachment and play between the same demographic. Education and information is also part of the structure, whereby facilitators speak with care givers/parents about appropriate age development and milestones.

Both these groups include scheduled guest speakers on various relevant subjects. Sessions are also frequented by a roving library, dentists, maternal child health, dieticians and occupational therapists. Additionally, information is provided on other useful services in the area. Participants

are referred by community members, professionals and self-referrals.

For more information on these early intervention programs please contact CPS Family Services on 9450 0900 or cps@cps.org.au.



Lennis 90 not out and still doing it for the kids

If Banyule City Council ever had in mind to erect a statue of their model citizen they should look no further than CPS Op Shop volunteer Lennis Craddock.

Lennis, who turned 90 on 22 April, has worked at our Rosanna Op Shop since it opened in 1984 and is still going strong. A local resident for 57 years, besides being a Rosanna Bowling Club member she has donated her time to other community organisations (such as the Rosanna Probus committee for the past 18 years).

Lennis' motivation is simple; she volunteers 'for the joy of people and helping them'. We sincerely thank Lennis on behalf of all CPS clients who've benefited from your commitment to our cause!



Feast on our Lunchtime Rumours event

This year the 12th Lunchtime Rumours Feast will be held on Friday 11 August.

Join the leading Melbourne radio team from 3AW Breakfast at the Regent Theatre Plaza Ballroom where a great afternoon of entertainment is guaranteed. Our target is to raise at least \$160,000 for CPS' Early Childhood Development Programs.

Hosted by 3AW's dynamic duo Ross Stevenson and John Burns, CPS' major annual fundraiser features plenty of entertainment courtesy of special guests, laughs aplenty and fast-paced bidding for tremendous auction prizes.

Don't miss out: to reserve your table of 10 or to book individual tickets, contact CPS on 9450 0900 or email cps@cps.org.au.

Kieser Charity Golf Day fun to a tee

A cracking Autumn day in March greeted one hundred keen golfers at beautiful Yarra Yarra Golf Club at the annual Kieser Charity Golf Day.

With thanks to Kieser and great volunteers and friends of CPS Leonie McNicol and Margaret Robinson, the event continues to go from strength to strength. This year much needed funds was raised via entry fees, raffle, silent auction and various competition related donations. We thank all those who swung a club and dug deep, as well as the many sponsors.



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